Speedwell (Veronica persica)

Other Common Names:

Gypsyweed.

Origin:

The origins of this plant are quite mysterious. It may originate in Europe.

Origin description:

This plant is a sister plant of eyebright. Speedwell helps us adjust our perception of things so that we can see in a way that nourishes our wholeness.

What's in it?

Bitter principles, iridoids, saponins and tannins.

Are all Speedwell remedies the same?

The plantrhythm preparation of Speedwell is a unique combination of an essence and tincture that works strongly on the etheric and physical levels.

How does it work?

Speedwell is best taken at a dose of 5 drops under the tongue up to 5/6 times a day.

| Problem | Women | Men |
|---------------------------------|-------------|-------------|
| Sinus congestion. | ¥ | * |
| Sore Eyes. | > | * |
| Tense neck and shoulders. | > | ¥ |
| Nervous tension. | > | * |
| Too much thinking. | > | ¥ |
| Spleen imbalance. | ¥ | * |
| Poor confidence and self trust. | > | ¥ |
| Poor eyesight. | > | > |