

Yarrow (*Achillea millefolium*)

Other Common Names:

Milfoil, Yarroway, Bloodwort, Carpenter's weed.

Origin:

Yarrow comes from Europe, SW Caucasia, Iran, Siberia and the Himalayas - and is now naturalized throughout Australia, New Zealand and North America.

Origin description:

Yarrow is under the dominion of Venus and is believed in old lore to bring love and attract friends, and draw the attention of those you most want to impress. Yarrow is an old divining plant, traditionally used to consult the I Ching, strongly associated with witches, those who use their gifts for the healing of all. It is also associated with angelic assistance.












What's in it?

Tannins, salicylic acid, flavonoids, sesquiterpene lactones, hydroxycoumarins, menthol and camphor. Rich in asparagine and minerals manganese, copper, potassium, iron and iodine.

Are all Yarrow remedies the same?

Yarrow tincture is very strong, highly effective in helping the liver, the urinary system and hormone balance. Best taken in doses of 30 drops once or twice a day in water.

On an energetic level Yarrow protects the energy field and helps foster our connection to the divine. For the latter purposes Yarrow may be taken in 3-5 drop doses under the tongue as needed.

Problem	Women	Men
Urinary tract infections/cystitis.		
Liver complaints.		
Skin Problems.		
Colds and Flus.		
Menstrual irregularities.		
Weakened energy field.		
To strengthen psychic powers.	