

# PRACTITIONER LEVEL TRAINING

## Hands On Herbal Health and Healing

### WOMENS HERBAL HEALTH CELLULAR MEDICINE PRACTICAL APPLICATIONS

October 24<sup>th</sup> -26<sup>th</sup> 2020

Open to Old Students

#### Material:

Practical cellular release work.

Cellular wellbeing. Hormonal and Womb health. Case Studies.  
Mirror Plant Essence work. Herbal massage, energy work (reiki)  
and Moxa, optional yoni steaming. To be held out at North Piha.  
Hands-on healing work with Native medicinal healing plants, trees  
and herbs..

#### Syllabus:

Cellular release through Journey work practice and  
the breath.

Plant Frequency work

Somatic health and hormonal healing through use of specialized herbal  
oils and energy work.

Herbal steaming with native & wild plants.

Topical use and application of iodine, essential oils  
and infused oils such as castor oil.

Interactive drawing with soil pigments

Hormonal applications & Use of Moxa

Plant Essence 'mirror' work. Case Study applications.

Native Medicinal Herbal Healing Course, practical applications.  
Course cost \$600