

Horopito (*Pseudowintera axillaries*)

Other Common Names:

Peppertree, Ramarama.

Origin:

Horopito is native to Aotearoa.

Origin description:

Horopito was one of the plants used by the tohunga expert to drive away evil spirits. Its leaves were "worn" by the souls of the dead as they made their way across country to the astral entrance and underworld portals at Cape Reinga. It is said that the dwellers of those otherworlds wear garments of Horopito leaves.

What's in it?

Strong alkaloids, tannins, phenols, oxides.

Are all Horopito remedies the same?

External decoctions of horopito are used to treat skin conditions, among them fungal infections of different kinds.

How does it work?

Internally, horopito can be taken to release deep patterns of resentment and to get rid of fungal/yeast infections. It is best taken in water at a dose of 5-7 drops up to 5 times a day.

Problem	Women	Men
Resentment.		
Thrush/candida.		
Tinea.		
Chest ailments.		