Kía ora Tatou,

Registration is now open for the upcoming Plantrhythms Herbal Correspondence Course 2024. This journey of Herbal discovery will include 6 NZ Native Trees and Wild Plants in 6 Weeks.

On request, here we have the fifteenth Plantrhythms online course!

The intention and structure is centred around being in close relationship (communion) with a tree, a week at a time.

This Herbal Course comprises of 6 weeks during which time you will intimately connect with the following 6 plants/trees: Kawakawa, Koromiko, Kumarahou, Speedwell, Yellow Dock and Maidenhair Fern.

Each Plant Journey will comprise of:

- the plant medicine (to be sent out)
- · Introductory video of the tree/fern/orchid
- · daily exercises with the tree
- guided journal to be submitted weekly (to be emailed back on the required dates which will be provided)
- · weekly group phone call
- ongoing email support



Important Course

Dates

	Journey Begins	Journal Submission	Group Call
Kawakawa	Thursday April 18 <sup>th</sup>	10 am Apríl 24 <sup>th</sup>	8:15 pm Apríl 25 <sup>th</sup>
Koromíko	Apríl 25 <sup>th</sup>	10 am May 1 <sup>st</sup>	8:15 pm May 2 <sup>nd</sup>
Kumarahou	May 2 <sup>nd</sup>	10 am May 8 <sup>th</sup>	8:15 pm May 9 <sup>th</sup>
Speedwell	May 9 <sup>th</sup>	10 am May 15 <sup>th</sup>	8:15 pm May 16 <sup>th</sup>
Yellow Dock	May 16 <sup>th</sup>	10 am May 22 <sup>th</sup>	8:15 pm May 23 <sup>rd</sup>
Maidenhair Fern	May 23 <sup>rd</sup>	10 am May 29 <sup>th</sup>	8:15 pm May 29 <sup>th</sup>

Cost \$530, includes plant medicine extract/essence

Payment must be made by: April  $10^{th}$ , 2024

This course is a natural addition to the upcoming intensive Shamanic Herbal Apprenticeship program scheduled for March 2024



