

# Viper's Bugloss (*Echium vulgare*)

## Other Common Names:

Also known as Blueweed.

## Origin:

Viper's bugloss comes from the Mediterranean region and now grows wild world-wide.

## Origin description:

Its generic name Echium is derived from Echis, Viper. This plant is here to help human beings awaken and focusses on helping us unblock our solar plexus, throat and third eye energy centers. It is a plant of the sun.

## What's in it?

Saponins, tannins, and mineral-rich.

## How does it work?

This preparation is amazing, working strongly physically and energetically.

Dose: 2-6 drops under the tongue up to 5 times daily under the tongue.

For more physically acute conditions, take 13-17 drops in water 3 times daily.

Problem	Women	Men
Sadness/melancholy.		
Poor thyroid function.		
Kidney problems.		
Nervous complaints.		
Heavy metal toxicity.		
Low energy.		