













## **Shamanic Herbal Apprenticeship**

NZ Wild Plants and Native Trees
Wild Edible and Medicinal Plants
2025

- Deepen your relationship with both yourself and plants
- Bush medicine preparations
- Wild edible and medicinal plant identification and properties
- Wild plant cuisine and harvesting
- Herbal constituents; minerals, alkaloids
- Parasite cleansing & Herbal antibiotics
- Rediscover responsibility for your health
  - Discover the medicinal resources available in natural areas
  - Deepen your understanding of human and plant anatomy
    - Materia medica of wild plants, and identification and use of NZ bush trees
      - Preparing your own Herbarium
      - Working closely with a Plant ally
        - Herbal nutrition
  - Strengthen nature awareness through movement, dance & meditation
    - Medicine wheel circle work
      - Kinesiology techniques
        - Plant sound journeys
    - Development of your healing gifts
- Energetic and scientific plant properties
  - Nourishing support, and a return to;

Replenishing Promise Wellness

**Dates:** May - September 2025 2 part course; May 31<sup>st</sup>- June 5<sup>th</sup> and September 5<sup>th</sup> –September 9<sup>th</sup> **Times:** 10 am – 5 pm daily

Location: Piha, Auckland West Coast

















